

# Supplication (part 2 of 2)

**Description:** Six of the most important matters you should avoid when supplicating to Allah. Ten special times to make *du'a*.

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Objective:

- Learn the matters that one should avoid when supplicating to Allah.
- Identify the times when it is preferred to make *du'a*.

Arabic Terms:

- *Adhan* - An Islamic way of calling Muslims to the five obligatory Prayers.
- *Hajj* - A pilgrimage to Mecca where the pilgrim performs a set of rituals. The *Hajj* is one of the five pillars of Islam, which every adult Muslim must undertake at least once in their life if they can afford it and are physically able.
- *Iqama* - The second call to prayer. It is similar to the *Adhan* and is said right before the prayer starts.
- *Dhul-Hijjah* - The twelfth month of the Islamic calendar. It is the month in which the obligatory pilgrimage is performed.
- *Ramadan* - The ninth month of the Islamic lunar calendar. It is the month in which the obligatory fasting has been prescribed.

## Things to Avoid While Making *Du'a*

1. Don't go beyond limits

What it means is asking Allah for things He has forbidden. For example, while it is fine to pray to Allah to marry someone, it is forbidden to ask Allah to give you a girl friend or a boy friend, or to win a lottery.

2. Not expecting an answer

A Muslim should hope that Allah will answer His *du'a* as Allah is Merciful to His slaves and powerful to grant them their wishes.

3. To ask for things of this world only in *du'a*

Think about it, what is greater, this world or the hereafter? For a true believer, it is obvious that what Allah has prepared in the life to come is greater. Therefore, a Muslim who understands this point will ask Allah for the blessings of the Hereafter as well.

4. To address Allah with improper Names

Remember this simple rule: do not address Allah or use any Name of Allah that is not from the Quran or *Sunnah*. Addressing Allah with words like “Big Guy.”

5. Do not make *du’a* against yourself or your family and do not curse others.

A point to remember, as a person may pray against a family member or even himself in a fit of rage and start cursing.

6. Do not pray for your death

Your life is Allah’s gift to you, do not ask Allah to take it away!

## Preferred Times When *Du’a* Is Likely to Be Accepted

*Du’a* can be made at any time, but it is more likely to be accepted at the following times:

1. *Du’a* in the last third of the night

Allah informs us in the Quran describing the believers,

**“and they seek forgiveness from their Lord in the hours of the dawn.” (Quran 51:18)**

How do you calculate the last third of the night? The night extends from the time of sunset till the time for Fajr begins. For example, say sunset is at 5pm and Fajr for next day starts at 5am. The night is 12 hrs. A third of a night is 4 hrs. The last third of the night will be from 1am-5am.

2. *Du’a* when *Adhan* is called

The Prophet said, **“When the *Adhan* is called, the doors of the skies are opened, and the *du’a* is answered.”** (*Saheeh Muslim*)

3. *Du’a* Between *Adhan* & *Iqama*

This is one of the best times for the prayer to be accepted that is given to a believer to ask from Allah for his needs of this world and the Hereafter.

4. *Du’a* while prostrating (kowtowing)

This is the best posture that a worshipper can be in because it is the height of humility. Allah loves this posture the most. The Prophet, may Allah praise him, said: **“The closest**

**that a person is to his Lord is when he is prostrating, so say a great deal of *du'a* then.”** (*Saheeh Muslim*)

5. *Du'a* before the conclusion of formal prayer

Before concluding the formal prayers, by saying '*As-Salamu 'Alaikum wa-Rahmatullah*' a person can make any *du'a* that he likes at this time as it is one of the times when prayers are responded to.

6. *Du'a* after the obligatory formal prayer

When asked which *du'a* is most likely to be responded to, the Prophet said, **“In the last part of the night and after the obligatory prayers.”** (*Tirmidhi*)

7. An hour on Friday

Prophet Muhammad said: **“On Friday there is an hour when, if a Muslims happens to pray at that time and ask Allah for something good, He will give it to him”** (*Saheeh Al-Bukhari, Saheeh Muslim*)

8. *Du'a* in Ramadan, the month of fasting

Prophet Muhammad said: **“When Ramadan comes, the doors of mercy are opened and the doors of Hell are closed, and the devils are locked up.”** (*Saheeh Al-Bukhari, Saheeh Muslim*)

9. First ten days of the Islamic month of Hajj (*Dhul-Hijjah*)

The Islamic month in which the annual pilgrimage, or Hajj, is performed, is a blessed month. The Prophet said about the first ten days of this month, **“There are no days during which good deeds are more beloved to Allah than during these ten days.”** (*Saheeh Al-Bukhari*)

10. During rainfall

The Prophet said, **“Two are the *du'as* that are never returned: the *du'a* made when the *Adhan* is called and at the time of rainfall.”** (*Abu Daud*)

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