

Dhikr (Remembering Allah): Meaning & Blessings (part 2 of 2)

Description: Two lessons will discuss the meaning and benefits of a special Islamic concept of connecting with Allah through a worship known as *dhikr*.

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Objective

- To learn 10 easy words of *adhkar* with immense rewards for daily life.
- Arabic Terms *Dhikr* - (plural: *adhkar*) remembrance of Allah.

Below is a short list of some *adhkar* that you can incorporate in your day.

1. Reciting Quran: the best *dhikr*

Reward:

You will be rewarded **10 rewards** for every **letter** individual letter you recite. This incentive should set reading the Quran as a top your priority in life.



2. *Subhan Allahi wa bi-hamdihi* (Far removed is Allah from every imperfection and may He be Praised)

Rewards:

1. When this is said 100 times every morning and evening, the merit of this is so great that no one will have done better than this individual, except someone who said the same or more.[\[1\]](#)
2. A tree will be planted in Paradise (for the sayer) each time they say this.[\[2\]](#)
3. Whoever says this 100 times a day, his sins will be forgiven even if they were as much as the foam of the sea.[\[3\]](#)

4. Saying it 100 times will earn one 100 good deeds or 1000 sins will be struck off from their record.[\[4\]](#)

3. Alhamdulillah (All praise and thanks are for Allah)

Rewards:

1. These words are the best supplication.[\[5\]](#)
2. They fill the Scale of good deeds.[\[6\]](#)
3. The reward of these words will fill the space between earth and the heaven.[\[7\]](#)

4. La hawla wa la quwwata illa billah (There is no might or power except from Allah)

Reward:

These words are a treasure of Paradise.[\[8\]](#)

5. Subhan Allah (How Perfect is Allah!) [33 times], Alhamdulillah (All praise and thanks are for Allah) [33 times], Allahu Akbar (Allah is the Greatest) [34 times]

It should be recited after the formal prayers and before one goes to bed/sleep.

Reward:

We know that this *dhikr* is said after each formal prayer, but when Fatima the daughter of the Prophet Muhammad, may the mercy and blessing of Allah be upon him, came to her father requesting a servant to help with the household chores, the Prophet taught her this *dhikr* instead of giving her a servant. He said that repeating it would give better results than having a servant.

6. Astagh-fi-rullah (I seek Allah's forgiveness)

Rewards:

1. **oeAllah will provide you with children and wealth.” (Quran 72:10-12)**
2. **oeAllah will add to your strength.” (Quran 11:52)**
3. **oeAllah will grant good provisions for a specified term.” (Quran 11:3)**
4. It is cure for a heart that becomes busy with thoughts. (based on a hadith in Sahih Muslim)[\[9\]](#)

7. Subhan Allah, wa alhamdulillah, wa la ilaha illa Allah, wa Allahu Akbar (Far

removed is Allah from every imperfection, all praise and thanks are for Allah, there is no true deity but Allah, Allah is the Greatest)

Rewards:

1. These words were dearer to Prophet Muhammad than everything the sun rose upon. [\[10\]](#)
2. Saying these words is like giving charity for every joint. [\[11\]](#)

8. Subhan Allah, wa alhamdulillah, wa la ilaha illa Allah, wa Allahu akbar, wa la hawla wa la quwwata illa billah (Far removed is Allah from every imperfection, all praise and thanks are for Allah, there is no true deity but Allah, Allah is the Greatest, there is no might or power except from Allah)

Rewards:

1. These words are sufficient to repeat for a person who cannot learn anything of the Quran. [\[12\]](#)
2. The above are oegood deeds which endure" [\[13\]](#)
3. Prophet Ibrahim (Abraham) told Prophet Muhammad that Paradise is of pure land, its water is sweet, and its expanse is vast, spacious and the above words are its plants. [\[14\]](#)

9. La ilaha illa Allah, Allahu akbar, wa la hawla wa la quwwata illa billah (There is no true deity but Allah, Allah is the Greatest, there is no might or power except from Allah)

Reward:

No one says these words except that his sins are forgiven even if they were as much as the foam of the sea. [\[15\]](#)

10. Subhan Allah wa bi-hamdihi, Subhan Allah al-Adheem (Far removed is Allah from every imperfection, and Praise, Glory be to Allah, the Supreme)

Reward:

The Prophet said: oeTwo words which are easy on the tongue, hefty in the Scale, and are beloved to the Most Merciful..." [\[16\]](#)

Endnotes:

[\[1\]](#) Saheeh Muslim

[2] *Tirmidhi*

[3] *Saheeh Al-Bukhari*

[4] *Saheeh Muslim*

[5] *Saheeh Muslim*

[6] *Saheeh Muslim*

[7] *Saheeh Muslim*

[8] *Saheeh Al-Bukhari*

[9] 'My heart becomes busy (with thoughts) so I ask Allah for forgiveness 100 times a day.'
(Muslim)

[10] *Saheeh Muslim*

[11] *Saheeh Muslim*

[12] *Abu Daud*

[13] *al-baqiyatus-salihat (Nasai)*

[14] *Tirmidhi*

[15] *Tirmidhi*

[16] *Saheeh Al-Bukhari, Saheeh Muslim*

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