

# The Pilgrimage (Hajj) (part 3 of 3)

**Description:** An easy to follow guide outlining the essentials every new Muslim must know about *Hajj*, the greater pilgrimage to Mecca.

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## Objectives

- To learn how to perform *Hajj*.

## Arabic Terms

- *Fajr, Dhuhr, Asr, Maghrib, Isha* " the names of five daily prayers in Islam.
- *Hajj* - A pilgrimage to Mecca where the pilgrim performs a set of rituals. The *Hajj* is one of the five pillars of Islam, which every adult Muslim must undertake at least once in their life if they can afford it and are physically able.
- *Kaba* - The cube-shaped structure located in the city of Mecca. It serves as a focal point towards which all Muslims face when praying.
- *Talbiyah* - The proclamation Muslims chant during the pilgrimage.
- *Sa'ee* - It is the walking and running between the hills of Safa and Marwa.
- *Eid* - festival or celebration. Muslims celebrate two major religious holidays, known as *Eid-ul-Fitr* (which takes place after Ramadan) and *Eid-ul-Adha* (which occurs at the time of the *Hajj*).
- *Tawaf* - Circumambulation around the *Kabah*. It is done in seven circuits.

## The 9<sup>th</sup> Day and Beyond

The 9<sup>th</sup> day is indeed a precious day, thus, one is to utilize every moment of it in a productive manner! One of the best things one can do is to supplicate to Allah for all that they desire in this life and in the next. Some may perceive it to be inappropriate to ask Allah for worldly riches, but there is no sin in doing this. In fact, the Prophet, may the mercy and blessings of Allah be upon him, supplicated for Anas, may Allah be pleased with him, saying: **oeO Allah**



**increase him in wealth, and give him many children and bless him in that.”[1] One should make an extra effort to repent and pledge to Allah that they will turn a new page in their lives.**

At sunset, one is to leave the area of Arafah for Muzdalifah[2]. Since one will be with a *Hajj* group, they may leave a bit earlier. Upon arriving at Muzdalifah one should perform the *Maghrib* prayer and *Isha* prayer (combining them and shortening the *Isha* to two units) thus allowing oneself a good night's rest thereafter. A common mistake that is committed by many is that they will spend their night chatting, taking selfies or surfing the net. This is inappropriate, as the Prophet, may the mercy and blessings of Allah be upon him, indicated that one should spend this night resting as much as they can. One should continue saying the *Talbiyah* at this stage of the pilgrimage.

## The 10<sup>th</sup> Day (The Day of *Eid*)

This is the 'action-packed' day for the pilgrim. The majority of the *Hajj* rituals are performed herein. It is best that one follows this day's rituals in the manner that Prophet Muhammad performed them in.

Upon getting up for the *Fajr* prayer and performing it, one is to utilize that time to supplicate to Allah, as well one should gather 7 small 'chickpea' sized stones for the ritual of stoning that takes place on this day. *Taking a few extra is recommended.*

Usually after this, the *Hajj* group will take the pilgrims back to Mina, where they will stone the biggest pillar, which is closest to Mecca. This pillar is known as *Jamaratul-Aqabah*. It should be noted that these pillars are not the 'devil', but simply a pillar. In relation to the reason behind this ritual, one can find its roots in the story of Prophet Abraham and Ismail, peace be upon them both. The devil had approached Ismail and tried to convince him to disobey his father in these three locations. Today stoning is conducted in obedience to the commandment of our Prophet. With each stone that is thrown one is to say '*Allahu Akbar*'.

After stoning the *Jamratul-Aqabah*, one is to have their sacrificial animal slaughtered. Nowadays, this process is more or less automated through one of the large corporations that takes care of this on behalf of the pilgrims. Once this step is ascertained, one can shave off or trim their hair evenly. For women, it is sufficient to clip off a small amount of hair.

Once these actions are completed, one would then head towards the Haram to perform what is known as *Tawaf Al-Ifaadah*, and the *Sa'ee* of *Hajj*. These are the five actions that one should perform in this day. Once the *Tawaf* is about to be performed, one should stop saying the *Talbiyah* and instead say: **oeAllahu Akbar, Allahu Akbar, La ilaahah il-lal-lah. Allahu Akbar, Allahu Akbar, Wa-lil-laahil-hamd". [3]**

Due to the infinite mercy of Islam, the Prophet gave us permits which make it easy for us this great undertaking. Imagine, if all the pilgrims had to strictly follow this order, what immense and massive difficulty would there be upon people! In fact, the Prophet, was approached by many

companions who had informed him that they did not do the actions of this day in his sequence. The Prophet said to them: **oeYou may do that, and there is no sin upon you!”** One Companion even came to him and said: *oeO Prophet of Allah, I performed Sa’ee before I made the Tawaf!*” The Prophet said: **oeYou may do that, and there is no sin upon you!”**[\[4\]](#)

If this is the pilgrims first *Hajj*, they should stay with their groups. Getting lost during any stage of *Hajj* will be a memorable experience you don’t want to have!

## The 11<sup>th</sup>, 12<sup>th</sup> & 13<sup>th</sup> Day

These days are known as the Days of Tashreeq. Prophet Muhammad described these days saying: **oeThese are days of food, drink and remembrance of Allah.”**[\[5\]](#)

The primary action one will do within these blessed days is the stoning of the three Jamarat. The stones for this are to be gathered from Mina itself. One will find ample pebbles of suitable sizes under the carpets of their own tents! Once the sun moves from its zenith, it is time to start the stoning ritual. Beginning with the smaller one known as ‘Jamarat as-Sughra’, one is to stone it with seven stones, saying ‘Allah Akbar’ with each one. Thereafter, one is to move a short distance away and make a long supplication; in fact, this is a time wherein Allah accepts one’s supplication.

Thereafter, one would head to the second pillar known as ‘Jamratul-Wusta’, which is the pillar in the middle. What was done at the first pillar would be repeated here. After the supplication, one would head towards ‘Jamratul-Aqabah’ or the closest pillar to Makkah. The same is done here, save that one would not supplicate after stoning.

With this, one would have completed the primary rituals on this day. Beyond this, one is to perform each prayer in its time, while shortening four unit prayers to two units only. These steps are repeated on the 12<sup>th</sup> day and the 13<sup>th</sup> day, if one chooses to stay the extra day.

## Final Steps

Allah, the Exalted, says:

**oeAnd remember Allah during [specific] numbered days. Then whoever hastens [his departure] in two days - there is no sin upon him; and whoever delays [until the third] - there is no sin upon him - for him who fears Allah. And fear Allah and know that unto Him you will be gathered.” (2:203)**

Based on this, one may complete their *Hajj* on the 12<sup>th</sup> or the 13<sup>th</sup>. If one chooses to complete their *Hajj* on the 12<sup>th</sup> day, they should head towards the *Kabah* after stoning the Jamarat, and perform the Farewell *Tawaf*. The Prophet said:

*oeLet the last ritual you perform (before you leave Mecca) be Tawaf around this House (i.e. the Kabah).”*[\[6\]](#)

If one is going to leave on the 13<sup>th</sup>, then they should perform this ritual on the 13<sup>th</sup>. If a pilgrim is going to stay in Mecca for an extended time, they should then perform this *Tawaf* before they leave Mecca.

## Great Rewards

The Prophet was asked: "What is the reward of one who performs the rituals in *Hajj*?" He responded saying: "When a person leaves his home for the sake of performing *Hajj*, with every step he takes, he will receive a reward or Allah will remove a sin from his record. When one stands on Arafah, Allah will descend to the lowest Heaven and say: 'look at My slaves, dusty with unkempt hair. You (i.e. the angels) are My witnesses that I have forgiven them all their sins, even if they be as numerous as the stars in the sky and as numerous as the grains of sand in the Desert of Aaliq and when one throws the stones at the Jamarat, My slaves would not know what reward I have in store for them until the Day of Resurrection!' With each hair that falls off of the pilgrim's head (upon it being shaved) the pilgrim will receive a light on the Day of Resurrection! Once he finishes the Farewell *Tawaf*, he would return to the sin-free state, as the day he was born."<sup>[7]</sup>

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Endnotes:

<sup>[1]</sup> *Saheeh Al-Bukhari*

<sup>[2]</sup> An area between Mina and Arafah. Pilgrims stay here after leaving from Arafah.

<sup>[3]</sup> Meaning: Allah is the greatest, Allah is the greatest, there is no deity worthy of worship except Allah, Allah is the greatest, Allah is the greatest, and all praise belongs to Allah.

<sup>[4]</sup> *Abu Dawood*

<sup>[5]</sup> *Abu Dawood*

<sup>[6]</sup> *Saheeh Muslim*

<sup>[7]</sup> *Tarhib*

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